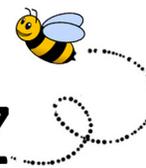


THE

BOXBOROUGH BUZZZ



SENIOR NEWS YOU CAN USE

Council on Aging

Laura Arsenault,
COA Coordinator
978-264-1717
e-mail:laura.arsenault@
town.boxborough.ma.us
Marcia McNeil,
COA Dispatcher & Staff
978-264-1728

COA Board Members

identify needs, develop and implement programs & services, educate citizens and advocate on behalf of elders.

Susan Fredrickson,
President
Helen Berry
Tina Bhatia
Lauraine Harding
Frank Sibley
Liz West
Barb Wheeler
Les Fox, Liaison with
Board of Selectmen

Friends of the Council on Aging

John Fallon, President
Barbara Birt
Anne Becklean
Lorraine Carvalho
Mary Cobleigh
Patty Gayowski
Lauraine Harding
Eunice Hinckley
Sheila Lloyd
Astrid Perko
Ginnie Richardson
Alan Rohwer
Peggy Spinner
Shirley Warren
Georgia Winfrey

Buzz Production Team

Tina Bhatia-COA
Anne Canfield
Susan Page
Liz West-COA

November 2013

Merrie Christmas Fair

Once again, it's time to get in the spirit of the holiday season—and what better way to do so than to attend the annual Merrie Christmas Fair held at Boxborough's UCC! Mark your calendar for **November 23**; doors **open at 9 AM** and **close at 2 PM**; doors will reopen at **3 PM** for the live auction to be held.

The Fair will feature a wide choice of items for you to purchase. And whether you're in the market for handmade knitted items, Thanksgiving or Christmas decorations, handcrafted wooden items, baked goods, or greens for decorating your home, you'll find them all in the Grange Room at Town Hall. Over at the Church, you'll want to be sure to visit the Snack Bar, the Silent Auction, and Attic Treasures. The Fair is a great place to see your friends and neighbors, as you get a jump-start on the holiday season, so plan to join in the fun!

NOTE: If you have any items you'd like to donate to Attic Treasures, please call Gregg Hamilin (978-263-9238) to arrange for pick up.



Boxborough FCOA Holiday Party

The Boxborough Friends of the Council on Aging will hold its Annual Holiday Party and luncheon on **Wednesday, December 4**, from **noon to 2 PM** in the Boxborough Community Center. All are welcome to get together and have some fun seeing old and new friends. The highlight of the lunch will be a performance by an ensemble of the Blanchard School Band. This extraordinary and award winning group of talented students is under the leadership of Chris Baird, Blanchard Band Director.

All are welcome, admission is free, but please call the COA office at their NEW number 978-264-1717 to make a reservation so that enough food can be prepared. Join us in making this a very special holiday gathering!

Boxborough Neighbors Lunch

Please join us for lunch on **Wednesday, November 13**, at noon at The United Church of Christ. The Blanchard Memorial School Parents, Teachers, and Friends (PTF) will be hosting this luncheon, and all Boxborough seniors are welcome. We thank the PTF for their support, and hope you will come to visit with your old friends and meet new ones. To sign up, call Mary Larson: 978-263-7632.

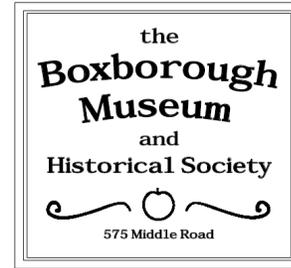


Boxborough Library Book Sale

The Friends of the Boxborough Library will hold a book sale in the meeting room of the Sargent Memorial Library, 427 Massachusetts Avenue, on **Saturday, November 2 from 9 AM–2 PM**. A **Preview Sale for members** will take place **Friday, November 1 from 7-9 PM**. (Memberships will be available at the door) Proceeds from the sale of books will go toward additional library programs and museum passes.

Please support this sale by donating your gently used hard covers, paperbacks, and audiovisual items, and by attending this sale. Books accepted from **October 28 to November 1** at the library during regular library hours. Please, no VCR tapes, magazines or books in really poor condition. If a Boxborough senior needs help donating books, please call the COA office at 978-264-1717.

Boxborough Museum Hours



The Boxborough Museum will be open from **2-4 PM** on **Sunday, November 10** and on **Saturday, December 7**.

Senior Art Show

We all need a pick-me-up in January. Behold the Annual Senior Art Show! The show, which is usually held in November, has been rescheduled for **January 2014**. This gives everyone more time to choose an item from their work or to create something new to display. There will be a festive reception with refreshments and the opportunity to chat with friends new and old.

Details for entering work will be provided in the December newsletter. Stay tuned!

Prison Lunch in Concord

On **Friday, November 15**, Would you like to enjoy a delicious lunch that includes beverage, entrée, and dessert for \$3.21? You can do this at the Fife and Drum Restaurant at the Northeast Correctional Center. To attend, call Laura at 978-264-1717 to reserve space on the van.

You will need a picture ID to pass through security, and please bring the correct change for your lunch. The van fee is \$2. We will leave from Town Hall at **11 AM**, and you will return after lunch.



Ongoing Events, Classes

To learn more about any event, call
Laura Arsenault: 978-264-1717



Boxborough Neighbors Luncheon Meets second Wednesday of the month. UCC. Food is provided on a rotating basis by local Boxborough organizations. Call Mary Larson to sign up: 978- 263-7632.

Book Group Meets first Tuesday of the month at 10 AM. Library. New members are always welcome.

Bridge at St. Matthews Church An ongoing group that always welcomes new members. Meets every Thursday. 10 AM. Call Dean Machamer at 978-263-2976.

COA Wellness Clinic Second Wednesday of the month. Nashoba Nursing Service hosts a monthly wellness check for all ages. 11 AM-noon. UCC.

Community Supper in Acton For everyone on every Wednesday at Mt. Calvary Church. No charge. 5 PM.

Fitness with Holly A 12-week class meets Monday Wednesday & Friday at 629 Mass. Ave. Sign up for one, two or three days. 9 AM.

Fun with Photography A 8-week class taught by Liz West and Frank Sibley. Friday at 11 PM. Community Center. Free.

Game Day Come and play popular board games with others, every Thursday, 1 PM. Community Center. All are welcome.

Line Dance A 12-week class taught by Sam O'Clair. Meets Thursday at 9 AM. Community Center.

Movie Mondays @Sargent Memorial Library 1 PM every Monday the library is open.

Quilting Group An ongoing group that makes quilts for the needy worldwide. Meets Tuesday a Mt. Calvary Church, Acton. 9 AM-noon. Call Astrid Perko at 978-263-7016.

Senior Luncheon in Acton An ongoing group that meets on the fourth Thursday of the month. Mt. Calvary Church. 12:15 PM.

Advanced-Beginner Spanish Class Follow-up class to Beginner Spanish class. Meets every Tuesday at 1 PM Community Center.

Tai Chi A 12-week class taught by Jeff Cote and staff. Meets every Tuesday and Thursday at 10:30 AM. Community Center.

Yoga for Seniors A 12-week class of stretching, balance, and yoga taught by Julia Vighh. Meets Tuesday at 1 PM. 25B Stow Road.



The Friends of the Council on Aging provides financial and volunteer support for programs, classes, and special events of the Friends and the Council on Aging.

To make a donation as a Friend, or as a memorial, clip out this form and send your tax deductible gift to the **Treasurer, Patty Gayowski, 31 Eldridge Rd, Boxborough, MA 01719**. Make checks payable to the **Friends of the COA**. Thanks!

Donation (\$ _____)

\$5 _____ \$10 _____ Other _____

Name _____

Address _____

In Memory of _____

November

The Golden Ticket
Schedule of Events

2013

Mon, Nov 4 Fitness with Holly, 9 AM
Movie Monday, 1 PM

Tue, Nov 5 Book Group, 10 AM
Tai Chi, 10:30 AM
Yoga for Seniors, 1 PM
Adv. Beginner Spanish, 1PM

Wed, Nov 6 Fitness with Holly, 9 AM

Thu, Nov 7 Line Dance, 9 AM
Tai Chi, 10:30 AM
Game Day, 1 PM

Fri, Nov 8 Fitness with Holly, 9 AM
Fun with Photography, 11 AM

Sun, Nov 10 Boxborough Museum,
2-4 PM

Mon, Nov 11 Veterans' Day-Town Offices
closed

Tue, Nov 12 Tai Chi, 10:30 AM
Yoga for Seniors, 1 PM
Adv. Beginner Spanish, 1 PM

Wed, Nov 13 Fitness with Holly, 9 AM
Wellness Clinic, 11 AM
Box. Neighbors Lunch, noon

Thu, Nov 14 Line Dance, 9 AM
Tai Chi, 10:30 AM
Game Day, 1 PM
COA Board Meeting, 3 PM

Fri, Nov 15 Fitness with Holly, 9 AM
Fun with Photography, 11 AM

Mon, Nov 18 Fitness with Holly, 9 AM
Movie Monday, 1 PM

Tue, Nov 19 Tai Chi, 10:30 AM
Yoga for Seniors, 1 PM
Adv. Beginner Spanish, 1PM

Wed, Nov 20 Fitness with Holly, 9 AM

Thu, Nov 21 Line Dance, 9 AM
Tai Chi, 10:30 AM
Game Day, 1 PM

Fri, Nov 22 Fitness with Holly, 9 AM
Fun with Photography, 11 AM

Mon, Nov 25 Fitness with Holly, 9 AM
Movie Monday, 1 PM

Tue, Nov 26 Tai Chi, 10:30 AM
Yoga for Seniors, 1 PM
Adv. Beginner Spanish, 1 PM

Wed, Nov 27 Fitness with Holly, 9 AM

Thu, Nov 28 Happy Thanksgiving-Town
Offices Closed

—NEW THIS MONTH IN BOXBOROUGH—

Library Book Sale, Sat, Nov 2, 10 AM
FCOA Meeting, Wed, Nov 6, 10:15 AM
Lunch at the Concord Prison, Fri, Nov 15, 11 AM
Merrie Christmas Fair, UCC Sat, Nov.23, 9 AM – 2 PM

IN NEARBY TOWNS

Community Supper, Mt. Calvary Church, every Wed, 5 PM
Senior Lunch, Mt. Calvary Church, fourth Thu, 12:15 PM
Bridge, St. Matthews Church, every Thu, 10 AM
Quilting Group, Mt. Calvary Church, every Tue, 9 AM

'Les Miserables'
Dress Rehearsal
Concord Players, Concord.
Thu Nov 7, 8 PM, Admission \$10