

THE BOXBOROUGH BUZZ



SENIOR NEWS YOU CAN USE

May 2014

Council on Aging

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COA Board Members

Identify needs, develop and implement programs & services, educate citizens and advocate on behalf of elders.

Frank Powers, President
Helen Berry
Tina Bhatia
Lauraine Harding
Frank Sibley
Liz West
Barb Wheeler
Les Fox, Liaison with
Board of Selectmen

Friends of the Council on Aging

John Fallon, President
Barbara Birt
Anne Becklean
Lorraine Carvalho
Mary Cobleigh
Patty Gayowski
Sheila Lloyd
Astrid Perko
Ginnie Richardson
Alan Rohwer
Peggy Spinner
Shirley Warren
Georgia Winfrey

Buzz Production Team

Tina Bhatia-COA
Anne Canfield
Susan Page
Liz West-COA

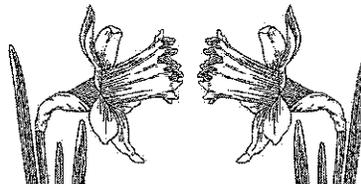
Town Meeting Time!



Boxborough's Town Meeting will start **Monday, May 12, 7 PM, at Blanchard Memorial School gymnasium.** This is the time of year when friends and neighbors gather to actively participate in Town government . . . and Boxborough needs you to be there!

The first order of business on will be to hold a Special Town Meeting. Article 1 of that meeting is the Lease of U.C.C. Fellowship Hall for a Community Center. Come and voice your opinion for or against.

Please call the Council on Aging office, 978-264-1717, if you need to arrange for a ride on May 12 or on subsequent Town Meeting evenings.



You're Invited to Lunch

On **Wednesday, May 14**, the Council on Aging Board Members and Visiting Angels of Littleton will provide a scrumptious meal for you to enjoy. On hand will be a tempting array of fresh sandwiches, salads, desert offerings, chips, and pickles too!

Know that spring is finally here. Come and enjoy a meal together with friends. Lunch will be served at **noon** at the Community Center. Please call Laura at 978-264-1717 to sign up so enough food can be available for all.

Take a Spin Around the New Town Website!

Boxborough's New Town Website, launched on March 31, is sporting a fresh look. The website hadn't been updated in over 10 years, and the redesign was contracted out to professional website developers. The main goals of the upgrade were to improve ease of navigation—including with outside links, to increase resources for residents, and to provide a fresh look.

The website is a work-in-progress, and some features that are in place will soon be developed. For instance, "The BoroBox," listed in the Resources Menu on the Home Page, is like a bulletin board where you will be able to post recipes, recommend movies, make suggestions, and much more.

So take a spin around the new website, and see what you can see! **Your feedback on the website is welcome.** As you navigate the site (<http://www.boxborough-ma.gov/>), take note of what works well for you and what you think needs improvement. Town Administrator Selina Shaw is eager to receive your comments and suggestions, both positive and negative. Please send them to her. Her email address is sshaw@boxborough-ma.gov.

Book Sale at Sargent Memorial Library

Friends of the Boxborough Sargent Memorial Library will hold a book sale in the Library meeting room. A preview sale for members of the Friends will take place **Friday, May 2, from 7 PM to 9 PM.** (Memberships will be available at the door.) Proceeds from the sale of books will go toward additional library programs and museum passes.

Please support this sale by donating your gently used hardcover books, paperbacks, and audiovisual items, and by attending this sale.

Books will be accepted from April 28 to May 1 at the library during regular library hours. Please—no VCR tapes, magazines or books in really poor condition. If a Boxborough senior needs help donating books, please call the COA office at 978-264-1717.

Memorial Day Parade

This year, Boxborough's Memorial Day Parade begins at **8:30 AM** on **Monday, May 26.** After gathering at the corner of Hill Road and Wetherbee Lane, marchers will proceed to the North Cemetery, down Middle Road to Town Hall (approximately 9 AM), and then on to South Cemetery. Brief ceremonies will be held at both cemeteries and at Town Hall. Please plan to join us on this day as we honor those who have given so much for our country.

All Town veterans are invited to participate in the Parade as Grand Marshals by either marching or riding in a car available for veterans. If you would like to join in the Parade, please contact Public Celebrations and Ceremonies Committee Chair Trena Minudri (278-266-0025).



Jeanne S. Kangas to Speak at Boxborough Historical Society

Sunday, May 18, the Boxborough Historical Society will meet at **7 PM** in the Morse and Hilberg rooms of **Boxborough Town Hall.** Jeanne Steele Kangas will present "A History of Steele Farm and the Steele Family in Boxborough." Jeanne was born and raised in Boxborough and played in her uncle's barn on Steele Farm as a child.

Boxborough's popular Steele Farm property began modestly about the time the Town was founded in 1783. The first part of the current farmhouse was built by Levi Wetherbee in the 1790's. Follow the history of the farm and the Steele family from then to current times, when the Town acquired the property and caused it to be preserved forever. Admission is free and all are welcome.

New Fitchburg Art Museum Pass

The Sargent Memorial Library has recently added the Fitchburg Art Museum pass to the list passes donated by the Friends of the Library and local businesses. The Fitchburg Art Museum is a regional art museum founded in 1925 through a bequest of artist, collector, and educator Eleanor Norcross. The museum has 14 galleries showcasing American and European paintings, prints, and ceramics, as well as Egyptian, Classical, and pre-Columbian antiquities. Library patrons with a valid C/W MARS library card may now reserve these passes online www.boxlib.org or call the library at 978-263-4680.

Our World in Film 2014

Don't miss the opportunity to see some exceptional films at the Acton-Boxborough Cultural Council's annual Friday Night Spring Foreign Film Series. The popular "Our World - May is Movie Month" film event takes place at Acton Town Hall, Room 204. All films will begin at 7 PM.

All of the following films are free of charge and aimed at an audience ranging from teens to seniors.

• Friday May 2

La Strada (1954) won the Academy Award for Best Foreign Film in 1956 directed by Federico Fellini and starring Giulietta Masina, Anthony Quinn and Richard Basehart. Apparently this is Pope Francis's favorite film of all time! Unrated, mature audience suggested.

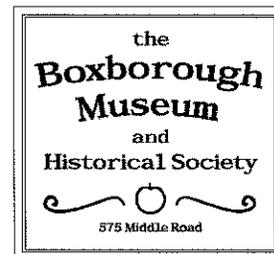
• Friday May 9

Mary and Max (2009) Claymation film with voices by Toni Collette and Philip Seymour Hoffman. Written and directed by Adam Elliot, who also won an Oscar in 2003 for Best Animated Short Film for his *Harvie Krumpet*. Unrated, mature audience suggested.

• Friday May 16

WADJDA (2012) is not only the first feature film shot by a female Saudi filmmaker but is also the first feature film shot entirely in Saudi Arabia. Written and directed by Haifaa Al Mansour and starring Waad Mohammed, Reem Abdullah and Abdullrahman Al Gohani. Rated PG.

Please come and enjoy a convivial evening of movies and friendly company. Or visit www.actonboxboroughculturalcouncil.org for more details and updates on ABCC events.



The Boxborough Museum will be open from **2-4 PM** on **May 18** and **June 8**.

COA Transportation Services

Boxborough seniors and residents with disabilities can make reservations through Cross Town Connect for van rides to medical appointments, food shopping, and most local programs. The cost is nominal. You can make reservations and cancellations any time from **8:30 AM to 4 PM Monday through Friday**. To book a trip on the COA van, **call 978-844-6809**, the **NEW** Central Dispatch phone line. Although the phone number has changed, the same COA van and drivers will be providing your service.

Volunteer Driver Transportation

Boxborough Volunteer Drivers if van is unavailable. (All area code 978)

- Swan Anderson 263-0272 • Rita Grossman 264-4077 •
- Anne McNeece 263-9626 • Anne Canfield 263-2664 • Kristen Hilberg 501-2912 •
- Karyn Kealty 635-9133 • Lorraine Carvalho 263-8060 •
- Susan Vine 266-1266 • Jini Vockel 929-9050 •

Also: Road to Recovery Call 1-800-227-2345 for transportation & information for cancer patients.

The Council on Aging Coordinator will be out of the office from Friday, May 16, through Monday, May 26. Transportation services and scheduled programs will **not** be affected.

Call Cross Town Connect at 978-844-6809 to schedule the van. Call Minuteman Senior Services for homecare services or to report elder abuse toll free at 1-888-222-6171. If you are experiencing an emergency please dial 911.

—Submit articles for June-July issue by May 9, 2014—



Change Service Requested

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Boxborough Council on Aging
Boxborough Town Hall
29 Middle Road
Boxborough, MA 01719

May

The Golden Ticket
Schedule of Events

2014

Thu, May 1	Line Dance, 9 AM Game Day, 1 PM	Fri, May 16	Fitness with Holly, 9 AM
Mon, May 5	Fitness with Holly, 9 AM Movie Monday, 1 PM	Sun, May 18	Boxborough Museum, 2-4 PM
Tue, May 6	Book Group, 10 AM Tai Chi, 10:30 AM Yoga for Seniors, 1 PM Adv. Beginner Spanish, 1 PM	Mon, May 19	Fitness with Holly, 9 AM Movie Monday, 1 PM
Wed, May 7	Fitness with Holly, 9 AM Knitting Group, 2 PM	Tue, May 20	Tai Chi, 10:30 AM Yoga for Seniors, 1 PM Adv. Beginner Spanish, 1 PM
Thu, May 8	Line Dance, 9 AM Game Day, 1 PM	Wed, May 21	Fitness with Holly, 9 AM Knitting Group, 2 PM
Fri, May 9	Fitness with Holly, 9 AM	Thu, May 22	Line Dance, 9 AM Game Day, 1 PM
Mon, May 12	Fitness with Holly, 9 AM Movie Monday, 1 PM	Fri, May 23	Fitness with Holly, 9 AM
Tue, May 13	Tai Chi, 10:30 AM Yoga for Seniors, 1 PM Adv. Beginner Spanish, 1 PM	Mon, May 26	Memorial Day- Town offices and library closed
Wed, May 14	Fitness with Holly, 9 AM Wellness Clinic, 11 AM Knitting Group, 2 PM	Tue, May 27	Tai Chi, 10:30 AM Yoga for Seniors, 1 PM Adv. Beginner Spanish, 1 PM
Thu, May 15	Line Dance, 9 AM Game Day, 1 PM COA Board meeting, 2 PM	Wed, May 28	Fitness with Holly, 9 AM Knitting Group, 2 PM
		Thu, May 29	Line Dance, 9 AM Game Day, 1 PM
		Fri, May 30	Fitness with Holly, 9 AM

—NEW THIS MONTH IN BOXBOROUGH—

Library Book Sale, Sat, May 3, 9 AM-2 PM

Box. Garden Club Annual Plant Sale, Sat, May 10, 8:30-11:30 AM at UCC

Annual Town Meeting, Mon, May 12, 7 PM at Blanchard School

COA Luncheon Co-Sponser: Visiting Angels, Wed, May 14, noon at Comm. Center

Box. Historical Society Meeting, Sun, May 18, 7 PM at Town Hall

IN NEARBY TOWNS

Community Supper, Mt. Calvary Church, every Wed, 5 PM

Senior Lunch, Mt. Calvary Church, fourth Thur, 12:15 PM

Bridge, St. Matthews Church, every Thur, 10 AM

Quilting Group, Mt. Calvary Church, every Tues, 9 AM

Our World in Film 2014, Acton Town Hall, Fri, May 2, 9, and 16, 7 PM

Ongoing Events, Classes



To learn more about any event, call
 Laura Arsenault: 978-264-1717



Book Group Meets first Tuesday of the month, 10 AM. Library. New members are always welcome.

Bridge at St. Matthews Church An ongoing group that always welcomes new members. Meets every Thursday, 10 AM. Call St. Matthews at 978-263-2822.

COA Wellness Clinic Second Wednesday of the month. Nashoba Nursing Service hosts a monthly wellness check for all ages. 11 AM-noon. Community Center.

Community Supper in Acton For everyone on every Wednesday at Mt. Calvary Church. No charge. 5 PM.

Fitness with Holly A 12-week class meets Mondays, Wednesdays, & Fridays at 629 Mass. Ave. Sign up for one, two or three days. 9 AM.

Game Day Come and play popular board games with others. Thursdays, 1 PM. Community Center. All are welcome.

Knitting Group A group for those who enjoy knitting or want to learn how to knit. Meets Wednesdays, 2-4 PM. Sargent Memorial Library Call Anne McNeece for information:978-263-9626

Line Dance A 12-week class taught by Sam O'Clair. Meets Thursdays, 9 AM. Community Center.

Movie Mondays @ Sargent Memorial Library 1 PM every Monday the library is open.

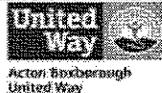
Quilting Group An ongoing group that makes quilts for the needy worldwide. Meets Tuesday at Mt. Calvary Church, Acton, 9 AM-noon. Call Astrid Perko at 978-263-7016.

Senior Luncheon in Acton An ongoing group that meets on the fourth Thursday of the month. Mt. Calvary Church. 12:15 PM.

Advanced-Beginner Spanish Class Follow-up class to Beginner Spanish class. Meets Tuesdays, 1 PM. Community Center.

Tai Chi A 12-week class taught by Jeff Cote and staff. Meets Tuesdays, 10:30 AM. Community Center.

Yoga for Seniors A 12-week class of stretching, balance, and yoga taught by Julia Viggh. Meets Tuesdays, 1 PM. 25B Stow Road.



The Friends of the Council on Aging provides financial and volunteer support for programs, classes, and special events of the Friends and the Council on Aging.

To make a donation as a Friend, or as a memorial, clip out this form and send your tax deductible gift to the **Treasurer, Patty Gayowski, 31 Eldridge Rd, Boxborough, MA 01719**. Make checks payable to the **Friends of the COA**. Thanks!

Donation (\$ _____)

\$5 _____ \$10 _____ Other _____

Name _____

Address _____

In Memory of _____