

**PUBLIC HEALTH NURSE SCHEDULE
TAMARA BEDARD**

No appointment is necessary for any of these clinics/nurse hours. Please feel free to drop-in.

Wed. March 11th 11am-12pm

Blood Pressure (BP) and Blood Sugar screenings at the Community Center, 30 Middle Rd.

Tuesday April 28th 10am-12pm

Nurse's hours -- individualized attention by RN for blood pressure screening, health information and consultation in the Community Services office on the second floor of Town Hall

Wed. May 13th 11-12 pm

Blood pressure screening and general drop-in health clinic at the Community Center.

Special eye-care clinic in partnership with D'Ambrosio Eye Care offering **FREE** vision, eye, and glaucoma screenings to any town resident.

Monthly Nurse's Hours starting Tuesday June 23rd

Starting on Tuesday, June 23, the Public Health Nurse will hold monthly nurse's hours on the **4th Tuesday of every month 10am-12pm** in the Community Services office on the second floor of Town Hall.

In addition to her hours in town, Tamara is available as a resource to the community Mon-Fri 8-4:30pm for non-urgent questions or concerns. She is also available to make home visits for well checks or to offer resource support/information as needed. Please feel free to contact her:

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