



## **Nashoba Associated Boards of Health**

### **Public Nurse Schedule for Boxborough**

Through an agreement with the town, the Nashoba Associated Boards of Health provides access to the services of a registered, public health nurse, Tamara Bedard, according to the schedule below. These services are FREE to Boxborough residents. In addition, Tamara is available as a resource to the community Monday-Friday, 8am-4:30pm, for non-urgent health concerns and issues. She is also available to make home visits for well checks or to offer resource support and information as needed. She can be reached at (978) 772-3335 x340 or [tamarabedard@nashoba.org](mailto:tamarabedard@nashoba.org).

#### **Tuesday, April 28**

**10am-noon**

**Community Services Coordinator's Office, Boxborough Town Hall**

Wellness Clinic: Individualized consultations for blood pressure screening, general health information, and consultation about individual's specific health concerns.

#### **Wednesday, May 13**

**11-noon**

**Boxborough Community Center**

Blood pressure screening and general drop-in clinic. There will also be a special eye clinic with D'Ambrosio Eye Care Center, who is offering FREE vision, eye, and glaucoma screenings to any town resident.

#### **Tuesday, June 23**

**10am-noon**

**Community Services Coordinator's Office, Boxborough Town Hall**

Wellness Clinic: Individualized consultations for blood pressure screening, general health information, and consultation about individual's specific health concerns.

#### **Tuesday, July 28, August 25, September 22, October 27, November 24, December 22**

**10am-noon**

**Community Services Coordinator's Office, Boxborough Town Hall**

Wellness Clinic: Individualized consultations for blood pressure screening, general health information, and consultation about individual's specific health concerns.