

Town of Boxborough  
Well-Being Committee  
Meeting Minutes, April 26, 2016

Meeting called to order at 8:00 am.

Attendees:

Liz Markiewicz, **Chair**

Selina Shaw, **Town Administrator**

Cindy Worthington-Berry, **Pastor UCCB**

Lauren Abraham, **Community Services Coordinator**

Laura Arsenaault, **Council on Aging**

Al Murphy, **Housing Board**

Channing Wagg, **Member at Large**

Pam Follett, **Nashoba Associated Boards of Health**

Gail Kessler-Walsh, **Guidance Counselor Blanchard School**

Leah Perniciaro, **Interface Referral Service William James College**

**Absent:** Jim Gorman, Warren O'Brien, Randy White, Warren Ryder, Tamara Bedard

1. Minutes from the March meeting were approved
2. CHNA 15 Grant Application; Healthy Community Planning Grant
  - Lauren drafted the proposal for the grant and handed it out to the committee, she would like comments/changes by Thursday April 28, due date is Friday April 29.
  - Lauren will need 2 support letters, 1 from Well Being Committee, 1 from Police/Fire Departments.
3. Rental Assistance Program
  - Pam asked why a CORI is being required for the program; the committee discussed and decided to remove the wording from the presentation for now and look more into it.
  - Al and Channing informed the committee they are ready to present at Town Meeting.
4. Interface Referral Service
  - Leah Perniciano from William James College spoke to the Interface Referral Service which is available to Boxborough residents. Their goal is to provide access to care and mental health resources. Leah handed out flyers, postcards and business cards with contact information for the service.
5. ABUW program grant for "sandwich generation"
  - Liz spoke to this mini grant that ABUW is working on with Minuteman Senior Services. It focuses on ages 45-65 in need of care.
  - ABUW is looking for a letter of support from the Well Being Committee, Cindy asked for a fund breakout, Liz will send it. The committee agreed to have Liz draft the letter of support.

Meeting Adjourned 9:10 am Next meeting will be June 14, 2016 8:00 am

**Elizabeth Markiewicz, Chair** \_\_\_\_\_ **Date** \_\_\_\_\_