

Town of Boxborough
Well-Being Committee
Meeting Minutes, January 20, 2015

Meeting called to order at 8:05 am.

Attendees:

Liz Markiewicz, **Chair**

Kate Smyers, Susie Allen, Channing Wagg, **Members-at-Large**

Melissa Immonen, **Nashoba Nursing Services**

Tamara Bedard, **Nashoba Nursing Services**

Pamela Follett, **Nashoba Associated Board of Health**

Cindy Worthington-Berry, **Pastor UCCB**

Jim Gorman, **Selectman**

Warren O'Brien, **Boxborough Police**

Selina Shaw, **Town Administrator**

Lauren Abraham, **Community Services Coordinator**

Laura Arsenault, **Council on Aging**

Randy White, **Boxborough Fire Chief**

Absent: Al Murphy, Gail Kessler-Walsh, Warren Ryder

1. Minutes from the December 16 meeting were approved
2. Lauren Abraham updated the committee with her progress over the month.
 - Lauren indicated that she attended the Safety Net Meeting
 - In the last month Lauren has been working with a few families. She has been working closely with Melissa from Nashoba. Lauren has been utilizing places like A Friend in Need, St. Vincent De Paul and the Church, just to name a few.
 - Lauren has found that there is a need for financial, housing and mental health help.
 - When Lauren is not available, people should be sent to Melissa at Nashoba if immediate attention is required.
3. FY16 Budget for Community Services Coordinator will be a separate line item including 16 hours per week.
4. Discussed what's next for the committee
 - Coordinating with other committees like Recreation, Public Celebration, Acton-Boxborough Cultural Council to plan events in town
 - Pam suggested looking into seminars to offer on finance and legal advice.
 - Decided to look into what is being offered at the library, school, Rec, etc. now and determine what is needed, maybe tie in with Fifers Day
5. New Business
 - Pam brought up BERC and indicated the BOH would like to get it on its feet again. There is going to be a meeting March 4 at 7pm at the Library to discuss BERC and try to get some new leadership involved. Randy White met with COA and BOH to discuss the future of BERC

- Pam mentioned that confidentiality needs to be practiced at the meetings when discussing cases

Meeting adjourned at 9:05am

Next meeting Tuesday February 24, 2015 8:00am

Elizabeth Markiewicz, Chair _____ **Date** _____