

Town of Boxborough
Well-Being Committee
Meeting Minutes, February 24, 2015

Meeting called to order at 8:00 am.

Attendees:

Liz Markiewicz, **Chair**

Kate Smyers, Susie Allen, Channing Wagg, **Members-at-Large**

Tamara Bedard, **Nashoba Nursing Services**

Pamela Follett, **Nashoba Associated Board of Health**

Cindy Worthington-Berry, **Pastor UCCB**

Lauren Abraham, **Community Services Coordinator**

Laura Arsenault, **Council on Aging**

Randy White, **Boxborough Fire Chief**

Warren Ryder, **Boxborough Police Chief**

Gail Kessler-Walsh, **Guidance Counselor Blanchard School**

Absent: Al Murphy, Selina Shaw, Jim Gorman

1. Minutes from the January meeting were approved
2. Lauren Abraham updated the committee with her progress over the month.
 - Lauren updated the number of referrals and new contacts. The committee suggested tracking the amount of hours per person which is used for contact, administrative and community outreach.
 - Next meeting Lauren will discuss the presentation for the Town Meeting in May.
 - Lauren showed graphs of what type of services people are looking for. Mental health, financial, fuel assistance, SNAP benefits, etc.
 - The referrals have been coming from Laura in Acton, Laura (COA) and police. She will be meeting with the police to come up with a protocol.
3. Well adult clinic/town nurse hours change: Tamara informed the committee that she currently attends senior lunches for well adult clinics; she feels this is not working out and would like to coordinate with Lauren's hours and hold hours at the Town Hall, possibly on the 4th Tuesday of the month from 10-12.

Meeting adjourned at 9:05am

Next meeting Tuesday March 17, 2015 8:00am

Elizabeth Markiewicz, Chair _____ **Date** _____