

Town of Boxborough
Well-Being Committee
Meeting Minutes, December 16, 2014

Meeting called to order at 8:05 am.

Attendees:

Liz Markiewicz, **Chair**

Kate Smyers, Susie Allen, Channing Wagg, **Members-at-Large**

Melissa Immonen, **Nashoba Nursing Services**

Pamaela Follett, **Nashoba Associated Board of Health**

Cindy Worthington-Berry, **Pastor UCCB**

Gail Kessler-Walsh, **Guidance Counselor Blanchard School**

Jim Gorman, **Selectman**

Warren Ryder, **Police Chief**

Warren O'Brien, **Boxborough Police**

Selina Shaw, **Town Administrator**

Lauren Abraham, **Community Services Coordinator**

Absent: Laura Arsenault, Al Murphy, Randy White

1. Minutes from the November 18 meeting were approved with corrections
2. Lauren Abraham updated the committee with her progress over the month.
 - Lauren indicated that she has been handing out business cards and posting flyers at different places in Boxborough including the school, church, library and food pantry. It was suggested that she post one at the transfer station.
 - In the last month Lauren has received 5 referrals, some being from the COA and others from Laura in Acton. 2 of the referrals are seniors and the other 3 are younger in age. Lauren summarized the 5 different cases for the committee. Lauren and Melissa let the committee know they have been working together.
 - Warren Ryder will connect Lauren with Domestic Violence Services Network.
 - Jim Gorman suggested Lauren connect with Don Morse for the veterans.
3. FY16 Budget for Community Services Coordinator will be a separate line item including 12 hours per week.
4. Discussed what's next for the committee
 - The committee would like to promote well-being in a positive way
 - Discussed working with the Recreation Commission and other town boards to create positive community events
 - Discussed ways to address the diversity in the Town of Boxborough so all residents will feel more of a community feeling.
 - Discussed offering transportation to these events for people that cannot drive
 - Talked about putting together a resource data base with needs and paths, collect data from United Way, CHNA 15
5. Next meeting scheduled for January 20, 2015 at 8:00am

The meeting was adjourned at 9:10am.

Elizabeth Markiewicz, Chair _____ **Date** _____