

**Boxborough Well-Being Committee**  
**Meeting Minutes: July 18, 2012**

Attendees:

Frank Powers, Randy White, Selina Shaw, Rachel Sagan, Jenna Mullen, Laura Arenault, Channing Wagg, Curtis Bates, Maureen Adema, Tamara Bedard

Called to order 8:55 am

Minutes of the June 6, 2012 meeting were approved unanimously.

Rachel Sagan, Acton Boxborough United Way Fundraising Director informed the committee about “new” grant money available to residents in the towns of Acton and Boxborough. The United Way raised \$5000 this past year ear marked for assistance outside the normal grant cycle. This new grant money allows great flexibility for the United Way to assist individuals and organizations in a quicker and immediate manner for emergencies. Examples of how the grant money was utilized were a police detail at a High School function, rent and fuel assistance, baby formula and car repair. The assistance is a one time emergency need. The process is the same as a Friend in Need. The United Way does not have any input and does not make any decision on who receives assistance. All referrals are vetted from other organizations. Referrals and requests all come from other sources and organizations i.e. PTO, Friend in Need, local churches. The United Way writes a check to referral organization, the organization than turns the support over to the recipient. Any request under \$500 does not need board approval. Any request over \$500 does need board approval. All assistance is a one time only assistance. Funds are raised via online donation, town wide mailing (2 times per year), casino night (the fall fund raiser) and work place campaigns.

Curt Bates said he would be happy to send out information about the new grant in his next Blanchard School newsletter.

Channing Wagg asked if there was data available from the United Way on who is being assisted. Rachel stated that there is a Community Needs Report published twice a year.

Well-Being Fifer Day survey results were reviewed. Results were compiled by clerk’s office; there were 57 responses.

Brainstormed about how to reach more people to fill out survey – need to check website for submittals – make available at Town Hall – make available at Library and School and AB United Way website.

Channing Wagg took the survey data and presented the data in 4 sub-groups. Women age 45 to 65, Men age 45 to 65, Women age 65 plus and Women age 19- 44. Channing stated we need to use data available and look at data harder and read with caution, e.g., there is no interest in domestic violence.

Channing Wagg and Liz Markiewicz will meet with Acton in the fall for Well-Being University update.

Tamera Bedard communicated that the Nashoba Associated Boards of Health has been investigating an increase in Lyme related disease such as Anaplasmosis and Babesiosis. Tamera stated people are really sick. Fact sheets/hand outs are available at the Sargent Memorial Library. Curt Bates will make information available to school population. Selina Shaw will put information on website and cable channel. Frank Powers will speak with Board of Health on the subject and possible out reach. Frank will ask to the Board of Health if they could have a presence at the Boxborough Harvest Fair (formally the Agriculture Fair) in September.

The next meeting will be Wednesday, September 12, 2012, 9:00 am.

The meeting was adjourned at 9:45 am.

Respectfully submitted,  
Maureen Adema