

Boxborough Well-Being Committee
Meeting Minutes: March 6, 2013

Attendees: Liz Markiewicz, Laura Arsenault, Maureen Adema, Cindy Worthington-Berry, Susie Allen, Frank Powers, Selina Shaw

The January minutes were approved as amended.

Liz Markiewicz provided an update on the Substance Abuse Task Force. There was some discussion on how to break through to parents and how it is important to hear from role models who didn't abuse substances as teens.

April 11 is the joint meeting between Acton Safety Net and the Boxborough Well-Being Committee. Susie Allen would like to address community-wide issues and referenced the book "Thrive" by Dan Buettner.

It was suggested that the Committee lay out an agenda for the upcoming year. There is a need to understand what the schools—elementary, junior and senior high—are already doing to develop character. And also if there's anything specifically that is being done to prepare sixth-graders for the junior high.

Next meeting: April 11

Respectfully submitted,
Liz Markiewicz