



## TOWN OF BOXBOROUGH

### Council on Aging Meeting Minutes

Attendance: Tina Bhatia; Barbara Birt; Taryn Light; Bill Litant; Karen Whitcomb; Kim Dee, COA Coordinator & Maria Neyland, FinCom Liaison

Absent: Anne Canfield & Barbara Wheeler

Meeting date: 3/10/2022

Meeting called to order by Chair, Bill Litant: 12:32 pm

February 10, 2022 minutes approved as amended.

#### Buzz update

- We welcome Art Stoumbelis as a new member of the Buzz team.
- Aprils Buzz is a work in progress with possibly eight pages.

#### Grant Report

- CHNA Mindfulness & Meditation with Erin LoPorto is running from March 21-May 16.
- The January 11th Aging: Planning for yourself & your family presented by Ellen Feinsand is available for us to view through Acton TV.
- March 22nd @ 2 pm via zoom is Medical Cannabis; what is it good for?
- A pizza truck will be \$6.00 per person cost. May dates have been suggested to Cheryl.
- Suggestions for future programs Estate Planning with a Lawyer, by Cathleen Summers.

#### Report from COA Coordinator

- RiverCourt Residences sponsored our March Grab 'n Go luncheon. We served 60 seniors. A representative from RiverCourt was available to anyone who had questions.
- Working on the Buzz for April and welcomed a new member.
- The first 8 sessions of Tai Chi were graciously sponsored by the FCOA for \$216.00. The COA has enough funds to help sponsor an additional 6 or 8-week session if enough people are interested in signing up.
- April 6 @ 1:00 Acton-Boxborough Cultural Council will have Davis Bates Celebrating the Season's, songs & stories for everyone at the Boxborough Community Center.
- April 13th our luncheon is being provided by the Boxborough Minutemen Company. This will be an in-person lunch. It was suggested to bold the RSVP in the Buzz so people see it more clearly and know when to phone in for their reservations.
- Supplemental Subsidy Transportation program will go by "Go Boxborough". We have no idea if this will take root or not. Monies from ARPA are in a fund at this time and the Select Board will vote on it. Hopeful to have it in effect by April 4th.

#### Report from Chair COA

- Bill will be part of the interview team for the new Community Services position. There are four candidates at this time. This is a 25-hour position.
- Looking to host another Charlie Card sign-up in May. Bill will oversee this. Would like it in Mays Buzz.

#### FinCom Update

- Have been working on approving the budget. With the current gas price increase, all budgets will have to be looked at again to see where cuts can be made. Schools are at a 5% increase.
- The Planning Board & Select Board will be having a zoom meeting on Monday, March 14th @ 7 pm to discuss the MBTA Community and what that would mean to Boxborough.

#### Report from COA Planning Board Liaison

- Welcome to new associate member Janet Connolly.
- There was a public hearing for zoning bylaw amendments as the Planning Board reorganizes the zoning bylaws.
- Working on a Solar Energy system to make a set of rules for someone who wants to bring a solar project to town. A public hearing will be on March 28th.

#### Other Business

- Kim mentioned on the town website there are 2 ways to get information on COA. One is under “Departments” which include Kim & Cindy. The other is under “Boards and Commissions” which is where you’d find minutes from meetings, The Buzz, COA meeting dates & times, current board members, and other useful tidbits.
- Board members discussed a change to our meeting day to Tuesdays with a start time of 1:00 pm starting in April.

Date of next meeting: Tuesday, April 12, 2022, @ 1:00 pm

Adjourned 1:48 pm

Respectively submitted:

Karen Whitcomb, COA Secretary