



TOWN OF BOXBOROUGH
Council on Aging Meeting Minutes

COA Members Present: Barbara Birt; Anne Canfield; Bill Litant; Marney Stoumbelis & Karen Whitcomb
Others Present: Kim Dee, COA Coordinator & John Fallon, FCOA Liaison
Absent: Tina Bhatia & Maureen Masciola

Meeting Date: April 10, 2023

The meeting was called to order by COA Chair Bill Litant @ 3:01 pm

The minutes of March 2023 were approved as written

Buzz Update:

- Kim is doing a great job with the Buzz traffic sheet.
- The music programs have been excellent.
- Working on May's Buzz.
- Dates to save are Fifers Day on June 17th and the Free Bee Market returning on May 20th.
- Summer Buzz will be June/July combined and August/September combined.

COA Coordinators Report:

- The Boxborough Minutemen are sponsoring April 12th senior luncheon. We currently have 42 signed up.
- Following the luncheon will be guitarist Matt York performing Johnny Cash Stories and Songs. We have 23 people signed up for that.
- Five people attended the Out to Breakfast Trip to Stephen Anthony Restaurant in Marlborough. Four used our bus service, and one person met us there.
- Town Administrator Michael Johns was the special guest for "Coffee & Chat with Kim" on March 22nd. Only three people attended.
- We had 20 people attend the presentation "A Cultural and Historical Reflection of the 1960s Through Music of the Beatles" at the Library on March 22nd.
- Dr. Edwin Knights presented on Self-Relaxation on March 29th with 17 people in attendance.
- Ten people went to the Concord Museum on March 30th. Some were in our van, and others met us there. Cindy went as the chaperone, and all seemed pleased with the trip.
- There were 12 in attendance for the 60s Songwriters presentation with John Clark on April 5th at the Library.
- On April 19th, Assistant Town Administrator Rajon Hudson will join us at Coffee & Chat with Kim at 10:30 am. Later that same day, we will have the Greater Worcester Opera Company perform Broadway show tunes and more at the Community Center at 1:00 pm.
- Out to Breakfast will be at As Good As It Gets in Acton on April 24th.
- We have a trip planned on April 27th going to Isabella Stuart Gardner Museum. The Friends of the Council On Aging are paying the cost of transportation to the museum. We have 13 seniors signed up, and Kim will be the chaperone.

- Kim has decided to go with AlphaGraphics in Shirley, MA, to print our Buzz Newsletter. They sent us a sample of the March newsletter, identical to what Minuteman Press in Milford, MA, has been doing for us. They are one of the lowest-priced services in this area, and they deliver.
- On May 3rd, Becky Harris will offer Spring Birding starting at 8:30 am, and Music of WWII with John Clark will be at the Library at 1 pm.
- Mike from Boxborough Liquors & Convenience has donated \$400.00 to the COA for a Grab n' Go Ice Cream to be held sometime in the summer.

COA Chair Report:

- The Building Committee will have a handout for the Wednesday Senior luncheon.
- Working on "Ask a Lawyer" for seniors to get questions answered.
- We have three volunteers who signed on to help with computer issues for seniors.

FCOA Chair Report:

- The FCOA meeting will be on April 26th at 10:15 am.
- The FCOA will sponsor June's senior luncheon.

FinCom Liaison Report: No Report

Other Business: Reminder, Tuesday, May 16th, is the town elections.

Date of next meeting: May 8, 2023 @ 3:00 pm

Adjourned: 3:50 pm