

## **Hunger And Nutrition**

### **SNAP (Formerly Food Stamps)**

To apply online: [www.mass.gov/snap](http://www.mass.gov/snap)

### **Acton Food Pantry**

Open shelf food pantry serving Boxborough residents. Application required.

Hours: Wed 10a-7p, Thu 9:30a-11:30a  
235 Summer Rd, Boxborough  
978-635-9295

[www.actoncommunitysupper.org](http://www.actoncommunitysupper.org)

### **Concord Open Table**

Groceries and weekly community supper.

Hours: Thu 4:30p-6:30p  
First Parish Church  
20 Lexington Road, Concord  
978-369-2275

[www.opentable.org](http://www.opentable.org)

### **Maynard Open Table**

Groceries and weekly community supper.

Hours: Mon 5p-7p  
Clock Tower Place, Bldg 8 Maynard  
978-369-2275

[www.opentable.org](http://www.opentable.org)

### **Mt. Calvary Community Supper**

Weekly free supper for any resident.

Hours: Wed 5p-6p  
472 Mass Ave, Acton  
978-263-5156

[www.mtcalvaryacton.org](http://www.mtcalvaryacton.org)

### **Littleton Neighborhood Supper**

Monthly community supper.

Hours: 3<sup>rd</sup> Tues of the month  
First Parish Church, Littleton  
978-486-3044

[www.fculture.org](http://www.fculture.org)

### **Stow Food Pantry**

Groceries twice per month. Quarterly referral from Council On Aging or Community Services Coordinator required.

Hours: 1<sup>st</sup> & 3<sup>rd</sup> Fri of the month  
353 Great Road, Stow  
978-897-4230

## **Legal Aid**

### **North East Legal Aid**

Civil legal services for low-income individuals.

Lowell Area Office  
978-458-1456

[www.northeastlegalaid.org](http://www.northeastlegalaid.org)

### **MassLegalHelp**

Free legal information and resources.

[www.masslegalhelp.org](http://www.masslegalhelp.org)

## **Public Health**

### **Nashoba Associated Boards of Health**

Public health nurse and social worker available for monthly clinics, and some in home services.

Hours: M-F 9a-5p  
978-772-3335

[www.nashoba.org](http://www.nashoba.org)

## **Seniors**

### **Boxborough Council On Aging**

Identify needs, develop and implement programs (social, recreational & wellness).

Educate citizens and advocate on behalf of seniors. Provide Transportation services for seniors and the disabled. Help seniors & their families locate service options

Laura Arsenault, COA Coordinator  
978-264-1717  
Boxborough Town Hall, 29 Middle Rd

### **Minuteman Senior Services**

Aging Services Access Point for sliding scale in-home services including Meals On Wheels, homemakers, and companionship.

888-222-6171 or 781-272-7177

[www.minutemanseniorservices.org](http://www.minutemanseniorservices.org)

### **Cooperative Elder Services**

Day program for frail and memory impaired seniors. Private pay and MassHealth.

978-318-0046

[www.elderdayservices.com](http://www.elderdayservices.com)

### **Alzheimer's Association**

24/7 helpline providing information and support to caregivers.

800-272-3900

[www.alz.org/manh](http://www.alz.org/manh)

## **Town of Boxborough Local Human Services Directory**



All services listed are available to Boxborough residents. Notations are included where a referral from a social worker is required.

### **Social Services Available to All Ages** **Boxborough Community Services Coordinator**

Social worker available to assist with SNAP, housing, disability, behavioral health, fuel assistance, financial, and other resources.

Lauren Abraham, LICSW

978-264-1730

Boxborough Town Hall, 29 Middle St

[Labraham@boxborough-ma.gov](mailto:Labraham@boxborough-ma.gov)

### **Southern Middlesex Opportunity Council (SMOC)**

Multi-service center providing assistance with SNAP, housing, Head Start and childcare, behavioral health, and other state programs.

Main Office:

508-872-4853

7 Bishop St, Framingham

[www.smoc.org](http://www.smoc.org)

### **Department of Transitional Assistance (DTA)**

Local office for state programs including SNAP, Cash Assistance, and Emergency Aid.

508-661-6600

75 Fountain St, Framingham

### **Massachusetts 2-1-1**

Informational helpline and website for a broad range of social services.

Dial 2-1-1

[www.Mass211.org](http://www.Mass211.org)

## **Behavioral Health**

### **Advocates Psychiatric Emergency Services**

24/7 mental health crisis assessments and assistance with hospitalization if needed.

24/7 number: 800-640-5432

### **MSPP Interface**

A referral service from Massachusetts School of Professional Psychology. Self-service web database and telephone helpline to search for private behavioral health clinicians. Searches can be tailored by insurance plan, primary need, gender, age, location, and more.

617-332-3666 x1411

[www.msppinterface.org](http://www.msppinterface.org)

### **Eliot Community Human Services**

Mental health and substance abuse counseling and case management. Call for intake.

24/7 number: 800-988-1111

Concord Clinic: 978-369-1113

[www.eliotchs.org](http://www.eliotchs.org)

### **National Alliance On Mental Illness (NAMI)**

Support groups and education for individuals living with mental illness and their loved ones.

Massachusetts Chapter

800-370-9085

[www.namimass.org](http://www.namimass.org)

NAMI Central Middlesex

781-982-3318

### **Alcoholics Anonymous**

Support groups for individuals struggling with alcohol addiction. See website for local groups.

[www.aaboston.org](http://www.aaboston.org)

[www.aa.org](http://www.aa.org)

### **Narcotics Anonymous**

Support groups for individuals struggling with narcotic addiction. See website for groups.

[www.na.org](http://www.na.org)

[www.nera.org](http://www.nera.org)

### **Al-Anon**

Support groups for family members of individuals struggling with addiction. See website for local groups.

[www.al-anon.org](http://www.al-anon.org)

[www.ma-al-anon-alateen.org](http://www.ma-al-anon-alateen.org)

## **Department of Mental Health**

State funded treatment and support resources for individuals diagnosed with psychiatric illness. Formal application required.

Local office:

Northeast Suburban Area

East Suburban Site

781-641-8100

20 Academy St #305, Arlington MA

[www.mass.gov/DMH](http://www.mass.gov/DMH)

### **The Recovery Connection**

Peer focused community and social supports for individuals with lived experience of psychiatric illness

31 Main St, Marlborough MA

508-485-0298

[www.therecoveryconnection.org](http://www.therecoveryconnection.org)

## **Children, Youth, & Family Services**

### **Minute Man Arc**

Support services and programs from birth to adulthood for individuals with intellectual and developmental disabilities.

978-287-7900

[www.minutemanarc.org](http://www.minutemanarc.org)

### **First Connections**

Literacy programs for families with children birth to 8 years, childcare tuition assistance.

978-287-0221

Emerson Hospital Campus

[www.jri.org/firstconnections](http://www.jri.org/firstconnections)

### **Latino Family Network**

Support, education, and resources for Spanish speaking and Latino families.

978-590-2912

[www.familiaslatinas.org](http://www.familiaslatinas.org)

## **Disability and Vocational Services**

### **Massachusetts Rehabilitation Commission**

SSDI &SSI Disability determination, vocational services, and community living supports for disabled adults.

800-245-6543

Lowell Area Office

325 Chelmsford St #6, Lowell

## **Domestic Violence**

### **Domestic Violence Services Network**

Free confidential helpline offering guidance to individuals coping with controlling intimate partner relationships.

888-399-6111

[www.dvsn.org](http://www.dvsn.org)

## **Emergency Financial Assistance**

### **A Friend In Need**

Small, one-time grants to cover emergency needs paid directly to the vendor. Referral from social service or clergy required.

For referral contact:

Lauren Abraham, LICSW

Community Services Coordinator

978-264-1730

### **Acton-Boxborough United Way SAGE Grant**

Small grants to cover emergency needs paid directly to vendor. Referral required.

For referral contact:

Lauren Abraham, LICSW

Community Services Coordinator

978-264-1730

## **Housing**

### **Acton Housing Authority**

Applications for Section 8 housing, elderly disabled buildings, and family housing.

68 Windsor Ave, Acton

978-263-5339

[www.actonhousing.net](http://www.actonhousing.net)

For assistance with applications contact:

Lauren Abraham, LICSW

Community Services Coordinator

978-264-1730

### **Household Goods, Inc**

Free furniture and other household goods; no trucks or delivery provided. Referral required.

[www.hgrm.org](http://www.hgrm.org)

For referral contact:

Lauren Abraham, LICSW

Community Services Coordinator

978-264-1730